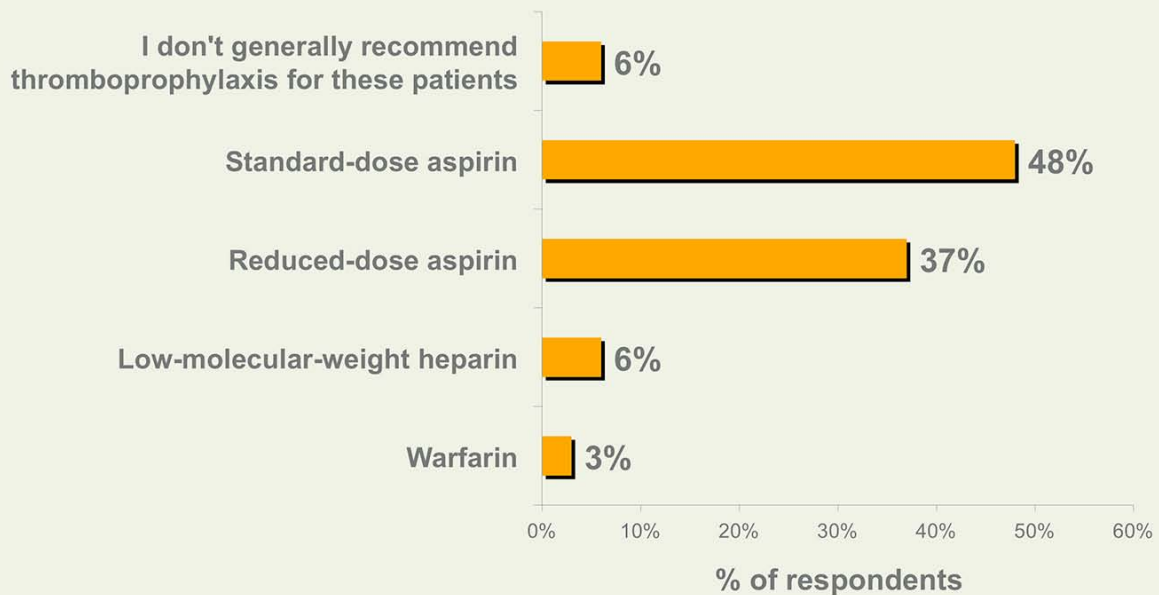


Thromboprophylaxis for patients receiving maintenance lenalidomide

In general, which thromboprophylaxis, if any, do you recommend for patients with MM who are receiving maintenance therapy with lenalidomide (with or without dexamethasone)?



EDITOR'S COMMENTS

A practical question that is particularly relevant in the long-term maintenance setting is that of thromboprophylaxis for patients receiving lenalidomide, and although almost half of the oncologists use standard-dose aspirin, both faculty use a minidose of 81 mg. Dr Munshi administers warfarin or low-molecular-weight heparin to patients at increased risk, including those with a history of deep vein thrombosis and patients who are immobile or very elderly.

SELECT REFERENCES WITH LINKS

Palumbo A et al. **Aspirin, warfarin, or enoxaparin thromboprophylaxis in patients with multiple myeloma treated with thalidomide: A phase III, open-label, randomized trial.** *J Clin Oncol* 2011;8(29):986-93. [Abstract](#)

Larocca A et al. **Aspirin or enoxaparin thromboprophylaxis for patients with newly diagnosed multiple myeloma treated with lenalidomide.** *Blood* 2012;119(4):933. [Abstract](#)