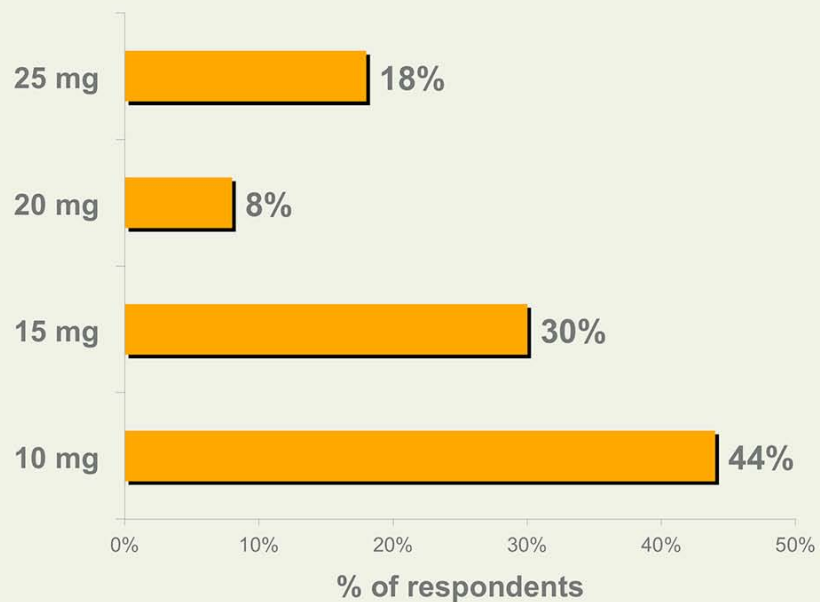


## Dose of maintenance lenalidomide for older patients

In general, when administering lenalidomide maintenance therapy for an older (**77-year-old**), otherwise healthy patient with MM who responded to front-line therapy but was not eligible for transplant, what is your usual preferred starting dose?



### EDITOR'S COMMENTS

We asked about the usual dose of lenalidomide in the maintenance setting for older patients, and although the faculty and most oncologists used 10 or 15 mg, again, about a quarter would use a higher dose. Dr Munshi is concerned about the higher baseline risk of myelodysplastic syndromes in older patients, particularly because patients with myeloma are at greater baseline risk, and he carefully monitors blood counts and discontinues lenalidomide at the first sign of any cytopenias.

### SELECT REFERENCES WITH LINKS

Palumbo A et al. **Management of older adults with multiple myeloma.** *Blood Rev* 2013;27(3):133-42. [Abstract](#)

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