# Efficacy of Trastuzumab-Based Regimens in Patients with HER2-Amplified Early-Stage Breast Cancer

#### Presentation discussed in this issue:

Slamon D et al. Phase III randomized trial comparing doxorubicin and cyclophosphamide followed by docetaxel (AC → T) with doxorubicin and cyclophosphamide followed by docetaxel and trastuzumab (AC → TH) with docetaxel, carboplatin and trastuzumab (TCH) in Her2neu positive early breast cancer patients: BCIRG 006 study. SABCS 2009; Abstract 62.

#### Slides from a presentation at SABCS 2009

BCIRG 006 Phase III Trial Comparing AC → T with AC → TH and with TCH in the Adjuvant Treatment of HER2-Amplified Early Breast Cancer Patients: Third Planned Efficacy Analysis

Slamon D et al.

SABCS 2009; Abstract 62.

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#### **Introduction**

- Trastuzumab treatment is associated with cardiac dysfunction, especially in patients who have received anthracyclines.
- Pre-clinical data suggested that there is a synergy between trastuzumab and docetaxel/carboplatin that is not seen with anthracyclines.

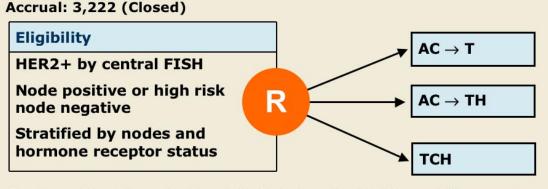
#### Current study objectives:

 Assess the efficacy, safety and cardiac safety of an anthracycline regimen compared to the same regimen with trastuzumab (H) versus a nonanthracycline regimen with H in patients with HER2-amplified early breast cancer.

Source: Slamon D et al. SABCS 2009; Abstract 62.

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 $AC \rightarrow T = AC (Adriamycin 60 \text{ mg/m}^2, Cyclophosphamide 600 \text{ mg/m}^2) \text{ q 3 weeks x 4}$ followed by T (Docetaxel 100 mg/m<sup>2</sup>) q 3 weeks x 4

 $AC \rightarrow TH = AC \ (Adriamycin 60 \ mg/m^2, Cyclophosphamide 600 \ mg/m^2) \ q \ 3 \ weeks \ x \ 4$  followed by T 100 mg/m² q 3 weeks x 4. Trastuzumab (H) initiated with T x 1 year

TCH = T (75 mg/m<sup>2</sup>) and Carboplatin (AUC 6) q 3 weeks x 6. H initiated with TC x 1 year

Source: Slamon D et al. SABCS 2009; Abstract 62.

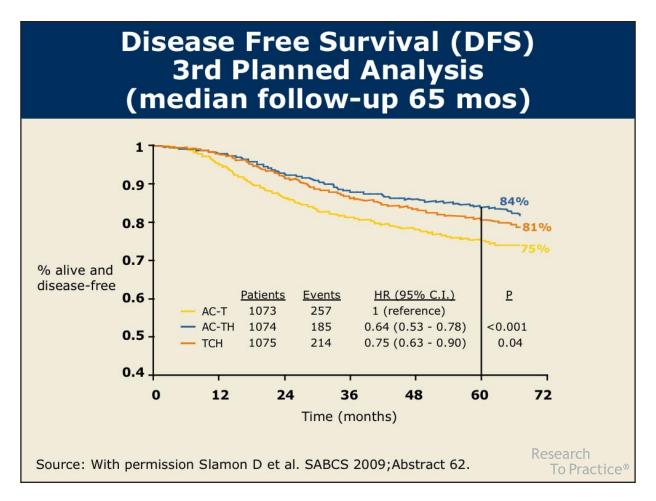
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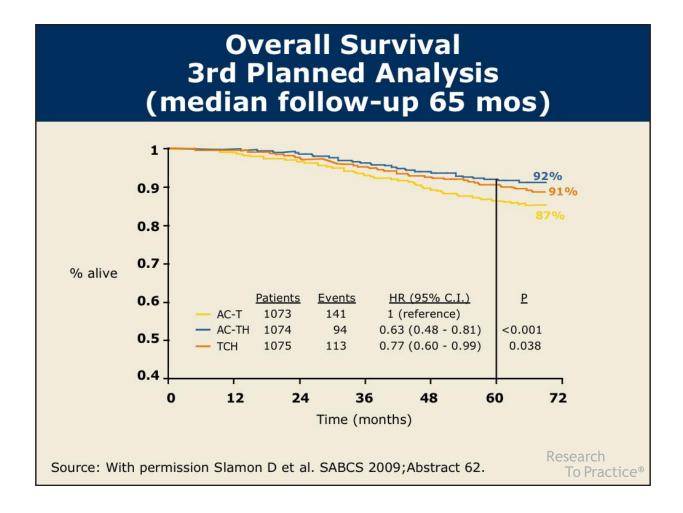
### **BCIRG 006: Tumor Characteristics**

|                     | AC → T<br>n = 1073<br>% | AC → TH<br>n = 1074<br>% | TCH<br>n = 1075<br>% |
|---------------------|-------------------------|--------------------------|----------------------|
| Number of Nodes (+) |                         |                          |                      |
| 0                   | 29                      | 29                       | 29                   |
| 1-3                 | 38                      | 38                       | 39                   |
| 4-10                | 22                      | 24                       | 23                   |
| > 10                | 11                      | 9                        | 10                   |
| Tumor Size (cm)     |                         |                          |                      |
| ≤ 2                 | 41                      | 38                       | 40                   |
| > 2 and ≤ 5         | 53                      | 55                       | 54                   |
| > 5                 | 6                       | 7                        | 6                    |
| ER and/or PR (+)    | 54                      | 54                       | 54                   |

Source: Slamon D et al. SABCS 2009; Abstract 62.

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# DFS According to Nodal and Topo IIa Amplification Status

| Lymph Node Status                           | $AC \rightarrow T$ | AC → TH | тсн |
|---|--------------------|---------|-----|
| Lymph node negative (n=309, 310, 309)       | 85%                | 93%     | 90% |
| Lymph node positive (n=764, 764, 766)       | 71%                | 80%     | 78% |
| Lymph nodes ≥ 4<br>(n=350, 350, 352)        | 61%                | 73%     | 72% |
| Topo IIa Amplification                      |                    |         |     |
| Topo IIa non co-amplified (n=643, 643, 618) | 70%                | 83%     | 80% |
| Topo IIa co-amplified (n=328, 357, 359)     | 83%                | 85%     | 82% |

Source: Slamon D et al. SABCS 2009; Abstract 62.

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## Safety Endpoints

- No cardiac related deaths were observed in any of the three study arms.
- Grade 3/4 CHF was lower in the TCH arm.
  - 0.4% with TCH versus 0.7% with AC  $\rightarrow$  T versus 2% with AC  $\rightarrow$  TH.
- The incidence of >10% decline in LVEF was lower in the TCH arm.
  - 9% with TCH versus 19% with AC  $\rightarrow$  TH versus 11% with AC  $\rightarrow$  T
- Eight patients in BCIRG 006 have developed acute leukemias to date.
  - Six cases in AC → T, one case in AC → TH and one case in TCH (patient received CHOP for subsequent diagnosis of lymphoma prior to acute leukemia development)

Source: Slamon D et al. SABCS 2009; Abstract 62.

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# **BCIRG 006: Therapeutic Index**

|                             | AC → TH<br>n = 1074 | TCH<br>n = 1075 |
|-----------------------------|---------------------|-----------------|
| DFS Events                  | 185                 | 214             |
| Grade 3 / 4 CHF             | 21                  | 4               |
| Totals                      | 206                 | 218             |
| Treatment-related leukemias | 1                   | 1*              |
| Sustained LVEF loss > 10%   | 194                 | 97              |

<sup>\*</sup> Leukemia developed after CHOP chemotherapy

Source: Slamon D et al. SABCS 2009; Abstract 62.

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#### **Conclusions: BCIRG 006**

- Trastuzumab provides a similar and significant advantage for both DFS and OS in low- and high-risk patients when used either as AC → TH or as TCH.
- Acute and chronic toxicity profiles of TCH are better than AC → TH.
- Though there is no statistical advantage, the AC  $\rightarrow$  TH arm had a 29 event numerical advantage in DFS events over that of the TCH arm.
  - Numerical advantage, however, was associated with 5 times more cases of CHF in the AC  $\rightarrow$  TH arm than in the TCH arm.
- All three regimens showed similar efficacy in a subset of patients with Topo IIa co-amplification.
  - The incremental benefit of AC that is known for HER2+ BC appears restricted to TOPO IIa co-amplified cancers.

Source: Slamon D et al. SABCS 2009; Abstract 62.

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